

At a glance:

WHO: You, your friends, family, PCA's, classmates, educators, co-workers, boss, church, neighbors, and other allies within the self-advocacy movement.

WHAT: The 2011 Minnesota Self-Advocacy Conference: "Learning As We GO - GO - GO".

WHEN: Friday and Saturday, May 20 and 21, 2011

WHERE: At the Crowne Plaza St. Paul Riverfront Hotel, 11 E. Kellogg Blvd, downtown St. Paul.

HOW TO REGISTER:

- **For the conference:** mail the attached registration form to ACT.
- **For a hotel room:** call the Crowne Plaza St. Paul Riverfront Hotel before April 21, 2011 (to get the conference rate) at 651-292-1900. Ask for the special Self-Advocacy Conference room rate of \$129.53 (add \$10 for more than 2 persons per room).



WHAT IS INCLUDED:

- Lunch and evening banquet on Friday; Lunch on Saturday.
- Exhibits, Opening Ceremony, live music by "The Resistors", door prizes, Art Collaboration, Laura Baker Choir, Gregg Inhofer, Irving Martin Self-Advocacy Award, workshops including Staff ONLY sessions and Closing Ceremony.
- All people registered and paid by April 22nd will receive a FREE t-shirt.
- Access to hotel pool, sauna, whirlpool and fitness center for overnight guests.

WHAT IS NOT INCLUDED:

- Breakfasts.
- Parking Fees.
- Conference registration does not include hotel registration. You must make your own room reservations directly with the hotel: 651-292-1900!

SHIRTS: Pick up your T-shirt at the conference; shirts will NOT be on sale at the conference.

QUESTIONS: Call Kathy at 651-641-0297.

Friday SCHEDULE Saturday

8 am	Registration/Shirt Pick-Up	Breakfast on your own
8-9 am	Sam Hesla - DJ	8:30 am Registration/Shirt Pick-Up
8:45-9:15 am	Opening Ceremony	8:45 - 9:15 am Laura Baker Choir
9:25-10:25 am	Workshop Sessions	9:25 - 10:25 am Workshop Sessions
10:35-11:35 am	Workshop Sessions	10:35 - 11:35 am Workshop Sessions
11:45 am-1 pm	Lunch/Door Prizes	11:45 am - 1 pm Lunch/Door Prizes
1-2 pm	Workshop Sessions	1 - 1:30 pm Closing Ceremony
2:10-3:10 pm	Workshop Sessions	
3:20-4:20 pm	Workshop Sessions	8:30 - 10:30 am Art Collaboration & Gregg Inhofer at Piano
4:30-5:45 pm	Dinner, Door Prizes & Irving Martin Award	
6-9 pm	Dance "The Resistors"	1:30 pm Conference Concludes

8 am-3:30 pm Exhibits

Workshop Sessions

- BINGO!
- College Plus
- I Love My Body
- New Self-Advocacy Songs for People Younger Than 25
- Who Wants to be a Millionaire Advocate?
- Know Your "Bill of Rights"!
- Using Self-Advocacy Theatre to Learn as We Go-Go-Go
- Personal Safety & Self-Defense
- A Look at the Experiences & Perceptions of Relationships: What Happens when Disability is Thrown into the Mix?
- Emergency Preparedness 101
- I Can Speak for Myself: Assertive Communication
- Radical Access and Inclusion: Accessibility and Welcome as Self-Advocacy
- Old Time Dance
- Reiki
- Choices and Rights
- Find Your Power at Your Meetings
- Past, Present and Future
- Self-Determination is the Only Way!
- Hear Our Voices: Voting and Politics
- Tear Down the Walls
- Skywarn Program - Watch the Skies!
- Advocating for Your Care
- Performing for Change, Something for Everyone
- Human Rights Fair and Wheel of Misfortune
- Voting Our Values
- I Don't Wannabee a Wannabee
- Housing Access Services - Are You Ready to Move?
- Going Beyond Everybody Else's Expectations
- Rock Stars of Respect

Workshop Sessions

- Pride
- Rights and Responsibilities of Romance
- Health and Wellness for You
- Know Your Rights
- Human Rights and Disability
- Self Defense Seminar
- You Be the Judge
- Find Your Power at the Capitol
- Energize Your Group

Staff ONLY Sessions

- DSP Values - What's Important
- New World
- Ally Supports in the Self-Advocacy Movement in 2011
- Brake for Self-Advocates Crossing: Anti-Ableism for Providers
- Role of Staff Advisors in Self-Advocacy Activities
- Wheelchair Waltz
- Ally Action

2011 Minnesota Self-Advocacy Conference **REGISTRATION FORM** Deadline for registration: APRIL 22

Name _____

Street _____

City, State, Zip _____

Phone (_____) _____

Email _____

- Youth Age 21 and Under Registration - \$20 (Friday 8 am to 1 pm ONLY)
 Full Registration - \$85 (Friday and Saturday - includes 3 meals & ALL conference activities)

- Short-sleeve T-shirt - (circle one: small, medium, large, X-large, XX-large)**
FREE if registration and payment received by APRIL 22

PAYMENT Credit Card Check Enclosed

Credit Card Number _____

MasterCard Visa American Express Expiration Date _____

NOTE: No registration will be accepted at the conference; be sure to register early!

Send registration form with full payment (non-refundable) to Advocating Change Together, 1821 University Avenue West, Suite 306 South, St. Paul, MN 55104



I will need the following accommodations - (request BEFORE APRIL 22)
 Braille materials
 Sign Language Interpreter
 Dietary
 Other

Conference Sponsors

Gold (\$3,000 - up)

Advocating Change Together, Inc.
Community Connections Partnership
Mains'l Services, Inc.
Research and Training Center on Community
Living, University of Minnesota
SAM (Self-Advocates Minnesota)

Silver (\$1,000 - \$2,999)

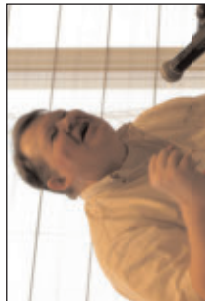
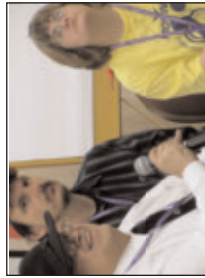
Dakota Communities
Hammer Residences, Inc.
Lifeworks Services, Inc.
Lutheran Social Service of Minnesota
Merrick, Inc.
Minnesota Governor's Council on Developmental
Disabilities
Minnesota Habilitation Coalition (MHC)
Minnesota State Council on Disability
People First of Minnesota
Rise, Incorporated
TSE, Inc.

Bronze (\$500 - \$999)

Capstone Services, LLC • Cardinal of Minnesota, Ltd.
Community Involvement Program • Courage Center
Enrich, Inc. • Homeward Bound, Inc.
ProAct, Inc. • Wingspan Life Resources

Ally (\$100 - \$499)

Access Press, Ltd. • ACR Homes • Alexandria Opportunities Center
The Arc of Minnesota • ARRM
Care Planners • Cedar Valley Services, Inc.
Harry Meyering Center • MBW Company • MCIL
Midway Training Services • Midwest Special Services
Mount Olivet Rolling Acres • PACER Center
Reach for Resources



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Minnesota
Self-Advocacy
Conference
Registration Information



ACT

Advocating Change Together
Research and Training Center
on Community Living
University of Minnesota
150 Pillsbury Dr SE
Minneapolis MN 55455

You're invited to the

2011 Minnesota Self- Advocacy Conference

May 20-21

Crowne Plaza St. Paul Riverfront Hotel
11 E. Kellogg Blvd., Downtown St. Paul



Planning Organizations

Advocating Change Together, Inc.
Dakota Communities • Hammer Residences, Inc.
Lifeworks Services • Merrick, Inc.
Metropolitan Center for Independent Living
People First of Minnesota • Rise, Incorporated
TSE, Inc.